

Non-traditional Instruction Activities for Corbin Preschool Center.

***Choose two activities per day. Each category should have at least two activities completed upon returning.**

Physical/Gross Motor	Math	Literacy	Science	Fine Motor Skills	Social Emotional	Self Care/Personal Responsibility	Language Skills
How many jumping jacks can you and your child do without stopping?	Invite your child to sort coins with you.	Read a story before going to bed. Make up a new ending together.	Fill a bowl with water. Invite your child to drop approved items in to see if they sink or float.	Have your child draw a picture of your home. Discuss your address.	Play restaurant and make lunch for your family.	When going outside, have your child take their jacket on and off independently.	While reading aloud to your child, ask "WH" questions during the story. (Who, What, When, Where & Why)
Who can stand on one foot the longest? You or your child?	How many (use any color) items can you find in your home?	Read a story and invite them to retell it in their own words.	Make a matchbox car ramp and see how far you can get your car to roll.	Have your child use tongs, tweezers or a clothes pin to move small objects such as cotton balls from a bowl to a cup.	Play dress up with old clothing.	Guide your child in making choices regarding weather appropriate clothing.	While reading a story, have your child focus on the pictures and describe what they think is going on in the story.
Dance to your favorite music.	Count how many steps it takes to go from your front door to your room.	Sing "Twinkle Twinkle Little Star" or other songs.	Help your child stack and balance items.	Have your child draw a portrait of a member of your family.	Let your child help to prepare a meal. Allow them to do simple tasks like tearing lettuce.	Practice daily eating with utensils (Chooses the appropriate utensil/Successfully transfers food to mouth).	Talk about specific words in the story. Explain the meaning of the word, give examples, and use the word in different sentences.
Wad up sheets of paper/socks and have an indoor snowball fight.	Count how many birds you see.	Clap out your child's name.	Drop approved items to the floor and see which ones fall fast and which ones will float.	Cut old magazines, ads or any type of paper with scissors. Practice cutting out things, cutting lines, circles or zig zags.	Make faces at each other to guess the emotion.	Practices taking care of his or her own toileting needs.	Provide language opportunities throughout the day by giving choices and encouraging your child to use words.
Play follow the leader.	Help mom with laundry and find matching socks.	Recite the ABC's	Place snow from outside or an ice cube in a bowl and time how long it takes to melt.	Spray small amount of shaving cream or soap on the table and practice making lines, shapes, numbers or letters.	Play music and allow your child to draw a picture of how it makes them feel.	Practices dressing and undressing independently.	Work on turn taking in conversation and general practice.

Physical/ Gross Motor	Math	Literacy	Science	Fine Motor Skills	Social Emotional	Self Care/Personal Responsibility	Language Skills
See how far you and your child can jump.	Allow your child to help set the table. Putting out forks etc. for each person.	Help your child find items around the house that rhyme.	While cooking show your child the food before and after and ask them to tell you how it changed.	Cut the front of a cereal box into pieces to make a puzzle. Practice putting the puzzle together with your child.	Say something you love about each person in your home.	Practices putting shoes on the correct feet.	Work with your child on joint attention, gestures, and early words.
Throw a ball back and forth with your child. Count how many throws before it drops.	See how far you and your child can jump.	Ask your child to tell you about something. Make sure to phrase it so that they must answer more than yes or no.	Name one living thing outside	Help your child practice tying their shoe.	Practice zipping a zipper, buttoning and snapping.	Practices putting clothes on right side out and front side forward.	Have your child point to pictures as you name them. If your child is ready, reverse roles and let your child provide the word.
Hop like a bunny from one room to another	Count the windows in your home.	Ask your child to tell you a story of their favorite school day	Name something heavy in your home and something light.	Practice zipping a zipper, buttoning and snapping.	Name one thing that makes you sad	Practices preparing a toothbrush and brushing his or her own teeth.	Work on vocabulary, verbs, and following directions in natural settings during regular routines.
Walk backwards from one piece of furniture to another.	Count the doors in your home.	Find 5 letters in your house.	What happens when you add water to salt or water to sugar?	Practice using your eating utensils. (spoon and fork)	What makes you scared?	Practices washing his or her own hands effectively.	Work on basic concepts (colors, size, positions).